

Today's Daf In Review is being sent l'zecher nishmas Habachur Yechezkel Shraga A"H ben R' Avrohom Yehuda

Gittin Daf Ayin

- **Shmuel** said, a person who was stabbed with a Persian spear will certainly die, but he should be given fatty meat roasted on coals to eat, and undiluted wine to drink, so that he will at least live long enough to give instructions to his household.
- **R' Idi bar Avin** said, a person who swallows a bee will certainly die, but he should be given a reviis of strong vinegar to drink, so that he will at least live long enough to give instructions to his household.
- **R' Yehoshua Ben Levi** said, if a person eats beef with turnips and sleeps outside under the moon on the 14th or the 15th of the month in the summer will get the "achilu" disease.
 - A Braisa says, a person who eats too much will get the achilu disease. **R' Pappa** said, this is even if someone eats too many dates (which are very beneficial when eaten).
 - **R' Elazar** said, achilu is a fire in the bones.
 - **Abaye** said, the remedy for this must be drinken until he is fully healed. It must be taken after eating, drinking, going to the bathroom, and washing of the hands. He takes a fistful of lentil mix, and of old wine, and kneads them together and eats it. He then wraps himself in warm blankets and sleeps until he wakes up on his own, and when he wakes up he must immediately take off the blankets or risk getting the disease again.
- Eliyahu told R' Nosson, eat to 1/3 of your stomach's capacity, drink 1/3, and leave 1/3 empty, so that if you get angry afterward, there is room to handle the anger.
 - R' Chiya taught a Braisa, if one wants to stay away from stomach illness, he should always dip his bread into dips in the summer and winter, he should not overeat, and should not hold back from going to the bathroom.
- Mar Ukva said, a person who drinks inferior white "tilya" wine is at risk to becoming weak.
 - **R' Chisda** said, there are 60 types of wine. The best is the good smelling red wine. The worst is the tilya wine.
 - **R' Yehuda** said, if one sits near a fire on the mornings in Nisson, and then rubs oil on himself and goes out to sit in the sun, he is at risk of becoming weak.
 - A Braisa says, if one lets blood and then has tashmish and a child is conceived from that, the child will be weak. If the man and the woman had let blood, the children will have the "raasan" condition.
 - **R' Pappa** said, this is only if they did not eat anything after letting the blood.
 - **Rabbah bar R' Huna** said, if one has tashmish after traveling, the children will be weak.
 - A Braisa says, one should not have tashmish after going to the bathroom until he waits the time it takes to walk a half mil, because of a particular sheid. If he doesn't wait, the children will have epilepsy.
 - A Braisa says, if one has tashmish while standing, he will have cramps. If he has tashmish while sitting, he will get "delarya". If she is on top for the tashmish, he will also get delarya. The Gemara then gives the remedy for delarya.
 - **Abaye** said, someone who is impotent should take a measure of saffron that was fertilized with sheep manure, grind it up, cook it in wine, and eat it. **R' Yochanan** said he found this helpful.
- Three things weaken a person: anxiety, travel, and sin.
- Three things weaken a person's body: eating while standing, drinking while standing, having tashmish while standing.
- Five things bring a person closer to death than life: eating and immediately getting up, drinking and immediately getting up, letting blood and immediately getting up, sleeping and immediately getting up, having tashmish and immediately getting up.

- If one does these 6 things he will immediately die: he is exhausted from traveling, lets blood, goes into a bathhouse, drinks and becomes drunk, sleeps on the ground, and has tashmish.
 - **R' Yochanan** said, he will only die if he does these 6 things in this order.
- There are 8 things that are only good if done in moderation: travel, tashmish, wealth, work, wine, sleep, hot water, and bloodletting.
- There are 8 things that decrease a person's zerah: salt, hunger, "nesek", crying, sleeping on the ground, coriander, hops when not in season, and letting blood below is twice is bad as everything else.
 - A Braisa says, just as letting blood below is twice as bad, letting blood up high is twice as good.
 - **R' Pappa** said, "below" means below the man's private area, and "above" means above that area.
 - A Braisa says, just as hops out of season are bad, hops in season are good for a person.
 R' Pappa said, in season is summer and out of season is winter. During the spring and fall they are neither good nor bad.

AMAR KISVU GET L'ISHTI V'ACHZO KORDAYKUS...

- **Reish Lakish** said, the get is to be written and given immediately (even while he is in the state of kordaykus), as the Mishna says "his later words are meaningless". **R' Yochanan** said, the get may not be written and given until he recovers, and the words of the Mishna mean that when he recovers he does not need to be asked whether he wants to give it, rather it is given immediately.
 - The machlokes is that **Reish Lakish** compares the state of kordaykus to one who is sleeping, whereas **R' Yochanan** compares it to one who is a shoteh.
 - R' Yochanan says it is different than a sleeping person, because something must be done to remove the person from the kordaykus state (he must eat the lean meat roasted on coals and drink heavily diluted wine). Reish Lakish says it is different than being a shoteh, because we can bring about the cure.
 - Q: How could R' Yochanan pasken like that? We find that R' Yehuda in the name of Shmuel said, and a Braisa says, that someone who was mortally wounded may instruct to give a get and the get is written and given, so why is a state of kordaykus different? A: In those cases the man has clarity of mind, and he is only quickly becoming weaker and dying. In the case of kordaykus the man is effected mentally, and therefore is not in a state in which a get can be given for him.
 - Q: The case of Shmuel was where a man had his trachea and esophagus cut, and he says that a get may still be given for him. However, we find elsewhere that Shmuel says, if witnesses see a person with his trachea and esophagus cut and the man runs away, they may testify that he is dead. If so, how can he allow a get to be given for them? A: He is considered alive at the moment, but he will certainly die soon.
 - Q: If he will certainly die, if someone did this to another person by accident, the killer should have to run to galus, and yet a Braisa says that in this case he would not have to go to galus!? A: R' Hoshaya explained that Braisa that we say there may be outside influences, like the wind or the person's movements, which brought about the death. That is why he is not sent into galus.

NISHTATEK V'AMRU LO NICHTOV GET L'ISHTICHA...

- **Q:** How can we assume that he is nodding or shaking his head as an answer to the question? Maybe he had a condition that caused his head to shake!? **A: R' Yosef bar Menyumei in the name of R' Nachman** said, we ask him at intervals. Not all at once.
 - **Q:** Maybe he has a condition that makes him shake his head at intervals? **A:** We ask him some questions that require nodding and some that require shaking. If he does the right movement for the right question, we know that he means what he is motioning.