



Today's Daf In Review is being sent l'zecher nishmas Habachur Yechezkel Shraga A"H ben R' Avrohom Yehuda

Brachos Daf Mem Daled

MISHNA

- If one is given salty foods first and bread with it, he makes a bracha on the salty food and needs no bracha on the bread, because the general rule is: whenever two foods are brought to a person, he makes the bracha on the primary food (ikur) and needs no bracha on the secondary food (tafel), and in this case the bread is secondary to the salty food.

GEMARA

- **R' Acha the son of R' Avira in the name of R' Ashi** said, the only salty foods that can be considered primary to bread is the especially sweet Genosar fruits which are eaten with salt to reduce the excessive sweetness. Otherwise bread is always the ikur.
 - **Rabba bar bar Chana** said that **R' Yochanan** would eat 1,000 of these fruits and say that they were so delicious that he could eat more. **R' Avahu** would eat these fruits until a fly could slip off his forehead from the oils his skin produced from these fruits. **R' Ami and R' Assi** would eat them until their hair would fall out. **Reish Lakish** would eat them until he would lose his ability to think and the Nasi would have to send troops to take him home.
 - **R' Dimi** said, Yanai Hamelech had a city in Eretz Yisroel that would produce so many figs that he needed 600,000 bowls of tuna per week to feed the fig pickers. **Ravin** said that Yanai had a tree that produced 40 se'ah of baby birds from 3 nests per month.
 - **R' Yitzchak** says, the city of Gufnis in Eretz Yisrael had 80 pairs of brothers who married 80 pairs of sisters, all 160 pairs were Kohanim.
 - **Rav** said any meal that doesn't have salt is not considered a meal. **R' Chiya bar Abba in the name of R' Yochanan** said any meal that doesn't have soup is not a meal.

MISHNA

- If one ate grapes, figs or rimon: **R' Gamliel** says he must bentch; the **Chachomim** say he makes an ahl ha'eitz; **R' Akiva** says anything eaten as a meal needs bentching (even cooked vegetables).
- If one drinks water to quench his thirst he makes a shehakol. **R' Tarfon** says he makes a borei nefashos.

GEMARA

- **R' Gamliel** says the pasuk "V'achalta v'savata u'veirachta" refers back to all shivas haminin and requires bentching to be said on all of them. The **Chachomim** say the word "Eretz" separates between the shivas haminin and the chiyuv to bentch, to teach us that only bread (mentioned again after the word eretz) needs bentching. **R' Gamliel** says eretz is there to teach us that raw wheat doesn't require bentching.
- **R' Yaakov bar Idi in the name of R' Chanina** said, any food from the 5 grains gets a mezonos and ahl hamichya. **Rabbah bar Mari in the name of R' Yehoshua ben Levi** said, any fruit from the shivas haminin gets a ha'eitz and an ahl ha'eitz.
- **R' Dimi** explained to **Abaye** the language of the ahl ha'etz and ahl hamichya brachos (similar to ours). **R' Chisda and R' Yochanan** argue as to whether to end "Ahl ha'aretz v'ahl hapeiros" (on the fruits) or "V'ahl peirosehah" (on its fruits). **R' Amram** says that they don't argue – in E"Y they say "and its fruit" and in Bavel we say "and the fruit".
- **R' Yitzchak bar Avdimi in the name of Rav** said, one makes a shehakol and borei nefashos on eggs and meat but no borei nefashos on vegetables. **R' Yitzchak** said that on vegetables you do, but on water you don't. **R' Pappa** said, on water you do as well.

- A Mishna that says there is something that has a pre bracha but no post bracha. According to **R' Yitzchak bar Avdimi** this refers to vegetables, according to **R' Yitzchak** this refers to water, and according to **R' Pappa** this refers to a bracha on mitzvos, and according to the people of EY who made brachos after mitzvos as well it is referring to besamim.
- **R' Yannai in the name of Rebbi** said, there is no food the size of an egg that is as healthy as an egg. **Ravin** said, a lightly roasted egg is better than six "lug" of flour. **R' Dimi** said, a lightly roasted egg is better than 6 lug of flour, a fully roasted egg is better than 4 lug, a cooked egg is better than any other food its size except for meat.

R' AKIVA OMAR AFILU ACHAL SHELEK...

- **R' Ashi** explained, that when **R' Akiva** says that cooked vegetables are considered a meal, he is referring to cabbage stems.
 - A Braisa says: Spleen meat is good for the teeth and bad for digestion (the Gemara explains that one should therefore chew it and spit it out); Leek is bad for the teeth but good for digestion (one should cook it and swallow it without chewing); raw vegetables make the eater pale (**R' Yitzchak** explains, this is when they are the first thing eaten after blood-letting); eating something not fully grown stunts a person's growth (this is only if it has not grown to ¼ of its potential size); anything that was once alive and is eaten whole (**R' Pappa** gives the example of small fish) brings health; eating from near the place of the shechita brings health (as explained by **R' Acha bar Yaakov** in the Gemara); cabbage is for sustenance (the Gemara says this means in addition to being for refuah); beets are for refuah; turnips are unhealthy (machlokes whether this is when eaten without either meat, wine, or being cooked enough).
- **R' Yitzchak** says one may not talk to someone who has eaten vegetables in the first 4 hours of the day, because the smell is dangerous for him. **R' Yitzchak** also says that one may not eat vegetables during the first 4 hours of the day (i.e. on an empty stomach)
 - **Mar Zutra** held like the second statement of **R' Yitzchok**, but not the first.
- A Braisa says a small salted fish can kill one who eats it on the 7th, 17th, and 27th, and some say on the 23rd day after it is salted. This is only if it is partially roasted and if he doesn't drink beer after eating it.

V'HASHOSEH MAYIM LITZMA'O...

- **R' Idi bar Avin** said, this comes to exclude one who drinks water to remove something stuck in his throat.

R' TARFON OMER BOREI NEFASHOS RABOS V'CHESRONAN

- **Abaye or Rav Yosef** paskened that on water we make a shehakol before and a borei nefashos after.

HADRAN ALACH PEREK KEITZAD MIVARCHIN!!!